

# FACT - ICT provides:

- Frequent contact averaging three to six hours per week for an average of six months
- 24/7 availability to respond to crisis by phone or in person
- Multidimensional assessment that focuses on individual strengths and needs, contextual functioning, and risk and protective factors
- Services in the home, school, and community
- Integrated mental health and substance use treatment by one provider, with one assessment and treatment plan
- Comprehensive mix of therapeutic and case management services and supports including the use of evidence-based and best practice treatment
- Advocacy, referral, and support within community systems, including the educational system
- Family support and information with focus on establishing positive parent-child relationships
- Flexible scheduling and delivery of service to accommodate family's schedule
- Active safety planning and monitoring

Family & Children Services is a private, nonprofit, nonsectarian, human service organization begun in 1903. Its mission has remained constant "...To support, strengthen and preserve the safety, well being and dignity of children, individuals and families".

The Agency receives funding through contracts with Community Mental Health programs and the Michigan Department of Health and Human Services, insurance reimbursements, fees for service and contributions. We are accredited by the Council on Accreditation of Services for Families and Children. The Agency is licensed by the State of Michigan as a Child Placing Agency, Child Caring Institution (Children's Therapeutic Group Home), and Substance Abuse Program.

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### **FACT - ICT is a program of Home and Community Intervention (HCI) Services**

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**Respect Integrity Service Empowerment**

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**Family & Children Services' facilities are barrier-free**

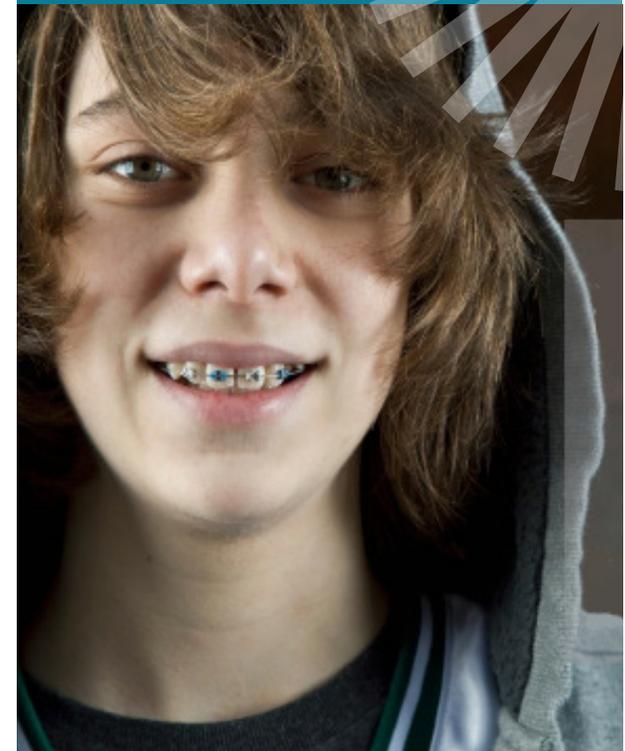


Community • Independence • Empowerment

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# FACT - ICT

## Family And Community Treatment



## Integrated Co-Occurring Treatment



# FACT - Integrated Co-Occuring Treatment



FACT-ICT is an integrated treatment approach that utilizes an intensive home-based service delivery model to serve youth in Kalamazoo County with the co-occurring conditions of mental health and substance use.

FACT-ICT services identify the strengths and needs of the youth and family in context of their values and culture.

FACT-ICT services believe that hope and resiliency are available to all youth.

FACT-ICT services strive to build a supportive and valuing relationship with youth and families built upon an understanding and respect for each family's unique cultural, racial, spiritual and ethnic traditions, values, and life perspectives.

Integrated FACT-ICT treatment is aimed at:

- Decreasing mental health symptoms and substance use
- Increasing individual functioning in the home, school and community
- Increasing emotional regulation and appropriate decision-making
- Reducing risk behaviors
- Creating supportive recovery environment
- Building assets and supports for youth and families

FACT-ICT actively monitors and plans for safety with the goal of reducing risk behaviors and exposure to risk generating environments.

FACT-ICT's over-reaching goals are mental wellness and sobriety.

To learn more about FACT-ICT services or to make a referral contact:

**Susan Davis, MA, LPC**  
**Program Manager**  
**269.373.0248 x.4229**  
**SusanD@fcsource.org**

Families and service providers will be guided through the steps to make a referral and discuss whether FACT-ICT services are a good match for a youth and family.

FACT-ICT services are provided through a contract with Integrated Services of Kalamazoo (ISK) (*formerly Kalamazoo Community Mental Health and Substance Abuse Services*).

